

## Gallup StrengthsFinder Coaching Packages

# Lead with Your Strengths!



Marisa Rivera, President of Mpowerment Works, LLC is a Certified Strengths and Empowerment trainer. She offers individual and team building sessions designed and tailored to your needs as an individual or as an organization. All StrengthsFinder sessions are uniquely designed for you or your team to help you focus on what matters most to you. Sessions will explore your innate talents and how to use them towards your own success. Marisa has been highly successful in helping people and teams take full advantage of their talents by finding practical ways to invest in what they do best. All participants must take the StrengthsFinder assessment prior to training sessions.

The Clifton StrengthsFinder is an effective instrument for measuring talent that has helped people excel by identifying their areas of greatest potential. Strengths based development is unique in that it builds on one's areas of greatest potential. It is based on a simple notion that our greatest talents — the ways in which we naturally think, feel, and behave represent our innate power and potential. Sessions can be delivered on-site or virtually and in Spanish or English.

### You've Taken the Clifton StrengthsFinder – Now What?

Do you wonder why you behave a certain way most of the time? Or Why you are better at some things than others? This discovery session will assist you to interpret your Clifton StrengthsFinder report and provide you with feedback on your assessment results to guide you on ways you can use them towards your own success. You will gain awareness and appreciation of your top talents and use them to gain your fullest potential, improve your performance and live a more fulfilling life.

### Team/Staff Discovery Session

Do you want to increase team performance and engagement at work? Do you want your team and organization to be more productive and work better together? This workshop is a highly interactive, experiential group session that will include team activities, a presentation, discussion and conversations aimed at helping the team appreciate their individual talents and the value that each person brings to the team. The team will gain awareness and appreciation of their own talents and how they interact within the team's collective talents to accomplish their goals and performance objectives.



**“Teams that focus on strengths every day  
have 12% greater productivity.”**



### **Women in Leadership**

Women represent 51% of the US and Global population, but are not equally represented in leadership positions. Can you imagine if you could increase your impact as a women leader? Can you imagine if you could take full advantage of your innate talents to achieve your greatest potential? These sessions will be using Strengths Based philosophy and an empowerment model for women to own their talents and develop them into strengths. The session aims at empowering women to take charge of their lives, preparing them for leadership roles and assisting them in becoming agents of change.



### **Transition Coaching**

Are you going through a big transition in your life? These sessions are very unique and highly individualized aimed at helping you navigate through life's transitions such as a new job, relocation, loss of job, divorce, change of careers, marriage, new boss, etc. These sessions are focused on using your Clifton StrengthsFinder results together with visioning and empowerment models to help you focus on what you want most out of life and remove the blocks, fears, and uncertainty that could paralyze you from moving forward.



### **Teaching/Administrating with Your Strengths**

This session introduces K-12 and higher education educators as well as education leaders to the strengths-based education pedagogy and practice. Participants develop an understanding of the strengths philosophy, explore how their individual talents and strengths influence their practice as educators and administrators and develop new insights into how their individual and collective leadership styles can move change forward.

**“Fixing weaknesses prevents failure,  
but building on strengths leads to success.” —Clifton**

**Call today to make an investment in YOU!**

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